

## Child and Adolescent History Form

### **Appointment:**

Please bring this completed form with you at the time of your appointment: \_\_\_\_\_

### **Referral Information:**

Child's name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

Child's Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

Child's Cell Phone Number: \_\_\_\_\_

Parent's Name \_\_\_\_\_ Work Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Work Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Who referred you? \_\_\_\_\_

Person completing this form: \_\_\_\_\_

Describe your concerns about your child: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email Addresses:

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Child: \_\_\_\_\_

Give a brief history of these concerns (length of time you have been concerned, a description of any factors you think may be contributing to the difficulty, previous attempts to resolve these issues):

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What goals do you have for your child's assessment and/or treatment?

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Briefly describe your child's strengths:

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What does your child enjoy doing the most?

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What extra-curricular activities or hobbies does your child participate in?

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List any major stresses or changes that have occurred to your child or family in the past several years:

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Indicate past and current counseling or evaluation services your child has received:

Counselor	Dates Seen	Records Available
_____	_____	Y/N _____
_____	_____	Y/N _____
_____	_____	Y/N _____

**SCHOOL INFORMATION**

Child's School \_\_\_\_\_ Grade \_\_\_\_\_

Address or School \_\_\_\_\_

School Phone Number \_\_\_\_\_

Describe your child's academic strengths: \_\_\_\_\_

Describe areas of academic concern for your child: \_\_\_\_\_

How would you rate your child's overall intelligence level compared to other children?

\_\_\_ below average    \_\_\_ average    \_\_\_ above average    \_\_\_ gifted

To the best of your knowledge, at what grade level is your child functioning?

Reading \_\_\_    Spelling \_\_\_    Writing \_\_\_    Math \_\_\_

School Achievement/Ability resting results (if known): \_\_\_\_\_

List other schools your child has previously attended:

School \_\_\_\_\_ Years \_\_\_\_\_

School \_\_\_\_\_ Years \_\_\_\_\_

School \_\_\_\_\_ Years \_\_\_\_\_

At what age did you child enter Kindergarten? \_\_\_\_\_

Has your child ever repeated a grade? \_\_\_\_\_

Present grade placement: regular class \_\_\_\_\_ or special class \_\_\_\_\_

If special class, please specify Intensity Level (I-VI) and educational diagnosis: \_\_\_\_\_

Does your child currently receive any remedial services at school or other facilities: \_\_\_\_\_

Specify: \_\_\_\_\_

Describe any concerns raised by your child's current or past teachers: \_\_\_\_\_

## Background Information

### **Pregnancy**

Is your child adopted? \_\_\_\_\_ If yes, at what age? \_\_\_\_\_

How long was the pregnancy? \_\_\_\_\_ Birth Weight: \_\_\_\_\_

### **Delivery**

Indicate any complications during delivery: \_\_\_\_\_

\_\_\_\_\_

Indicate any problems or special treatment required for your infant at the time of birth:

\_\_\_\_\_

\_\_\_\_\_

### **Developmental History**

#### Infant/Toddler

Describe your child's temperament as an infant/toddler, (e.g. easy, cuddly, underactive, overactive, colicky, difficult to soothe, etc): \_\_\_\_\_

\_\_\_\_\_

Indicate the age at which your child reached the following developmental milestones. If you cannot recall exactly, indicate early, normal or late relative to typical development:

Walked \_\_\_\_\_

Spoke first words \_\_\_\_\_

Said phrases \_\_\_\_\_

Toilet trained (day) \_\_\_\_\_

Toilet trained (night) \_\_\_\_\_

Dressed self \_\_\_\_\_

Tied shoes \_\_\_\_\_

Indicate with a checkmark any difficulties your child exhibited as an infant/toddler that seemed excessive when compared to other children:

- |   |  |
|---|--|
| <input type="checkbox"/> restlessness                 | <input type="checkbox"/> floppy or stiff       |
| <input type="checkbox"/> frequent head banging        | <input type="checkbox"/> poor coordination     |
| <input type="checkbox"/> constantly into everything   | <input type="checkbox"/> poor weight gain      |
| <input type="checkbox"/> excessive accidents          | <input type="checkbox"/> poor eye contact      |
| <input type="checkbox"/> poor speech articulation     | <input type="checkbox"/> feeding problems      |
| <input type="checkbox"/> delayed language development | <input type="checkbox"/> other (specify) _____ |

Please describe any major life stresses that occurred to your child or family during your child's infancy or early childhood: \_\_\_\_\_

\_\_\_\_\_

Briefly describe the style of parenting used in the household by both parents: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe how your child is disciplined: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

For what reasons is the child disciplined? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List your child's main difficulties at home:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Briefly describe your child's friendships:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Child's Medical History and Status**

Primary Care Physician: Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Child's current height: \_\_\_\_\_ Current weight: \_\_\_\_\_

Present or chronic illnesses for which the child is being treated: \_\_\_\_\_

\_\_\_\_\_

Medications that the child is currently taking (indicate dosage and prescribing physician):

\_\_\_\_\_

\_\_\_\_\_

Please indicate with a checkmark if you child's medical history includes any of the following:

\_\_\_ complications of childhood diseases

\_\_\_ seizures

\_\_\_ cuts and stitches (how many times? \_\_\_)

\_\_\_ comas

\_\_\_ broken bones (how many times? \_\_\_)

\_\_\_ eye problems

\_\_\_ serious illnesses

\_\_\_ ear infections

\_\_\_ hospitalizations

\_\_\_ ear tubes

\_\_\_ mild or major head injuries

\_\_\_ tonsils out

\_\_\_ poisoning

\_\_\_ adenoids out

\_\_\_ persistent high fevers

\_\_\_ poor muscle coordination

\_\_\_ allergies

\_\_\_ overweight

\_\_\_ other (specify) \_\_\_\_\_

\_\_\_ underweight

Please provide details concerning checked items: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there any history of sexual or physical abuse? \_\_\_\_\_; If yes, please specify: \_\_\_\_\_

\_\_\_\_\_

## Behavioral Information

All children exhibit, to some degree, some of the behaviors listed below. Check those that you believe your child exhibits to an excessive or exaggerated degree when compare to other children.

### Feelings

- moody
- sad
- lack of enjoyment
- underactive
- low energy
- dislikes self/low self-esteem
- feels unloved
- death ideas
- past/present suicidal ideas
- overexcitement

### Learning Issues

- has difficulty grasping concepts
- doesn't seem to understand directions
- poor memory
- does not seem to work to potential
- perfectionist
- doesn't seem motivated
- difficulty expressing self
- difficulty with small motor skills
- difficulty with gross motor skills

### Behavioral Issues

- losses temper
- argues
- non-compliant or disobedient
- annoys others
- blames others for mistakes
- easily annoyed
- angry
- spiteful
- bullies, threatens, or hurts others
- cruelty to animals
- stealing
- fire-setting/match play
- lying
- truancy
- running away
- violates parental rules

### Communication

- hard to understand child
- has difficulty understanding others
- stuttering
- fails to speak in some settings

### Activity and Attention

- careless mistakes
- poor attention span
- does not seem to listen
- does not complete tasks
- disorganized
- loses things
- easily distracted
- forgetful
- overactive, fidgety
- can't stay in seat
- acts as if "driven by a motor"
- overly talkative
- interrupts
- difficulty waiting turn

### Worries

- fearful
- excessively shy
- afraid to leave parent
- afraid in new situations
- frequent worrying
- panicky
- repetitive behavior
- thumb-sucking
- nail-biting
- irritable
- needs much reassurance

### Social Issues

- has few or no friends
- teased by others
- avoids other children
- rejected by others
- acts younger than age
- acts older than age
- difficulty sharing
- unusual or "odd" child
- bossy
- withdrawn
- poor bond with parent (s)

### Other

- eating problems
- sleeping problems
- wetting problems
- fecal soiling
- jealous of siblings
- tics or "funny" movements

Please specify other concerns: \_\_\_\_\_

\_\_\_\_\_

## Family History

### Household

People with whom the child lives (specify parent, step-parent, sibling, half-sibling, step-sibling, Grandparent, etc.)

	Name	Age	Relationship	Medical/School/Behavior concern
1.	_____			
2.	_____			
3.	_____			
4.	_____			
5.	_____			
6.	_____			

Other immediate family members with whom the child does not live:

	Name	Age	Relationship	Medical/School/Behavior concern
1.	_____			
2.	_____			
3.	_____			

How long have you lived at the current address? \_\_\_\_\_

Language spoken at home: \_\_\_\_\_

If parents are separated or divorced, child's age at time of separation/divorce: \_\_\_\_\_

Who has legal custody of child? \_\_\_\_\_ Describe living/visitation arrangements for child: \_\_\_\_\_

### Mother's History

Mother's full name: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_ Number of years: \_\_\_\_\_

School: Highest grade completed: \_\_\_\_\_

Degree Completed: \_\_\_\_\_

Learning or behavioral problems: \_\_\_\_\_

Medical Problems: \_\_\_\_\_

Specify mental health concerns (past and present): \_\_\_\_\_

Specify past counseling experiences: \_\_\_\_\_



Medical/Psychiatric medications: \_\_\_\_\_

Medical/Psychiatric hospitalizations: \_\_\_\_\_

Specify past or present legal difficulties: \_\_\_\_\_

Specify past or present difficulties with alcohol or substance use: \_\_\_\_\_

\_\_\_\_\_

**Reproductive History:**

Number of pregnancies: \_\_\_\_\_

Number of live births: \_\_\_\_\_

Number of miscarriages: \_\_\_\_\_

Number of therapeutic abortions: \_\_\_\_\_

**Father's History**

Father's full name: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_ Number of years: \_\_\_\_\_

School: Highest grade completed: \_\_\_\_\_

Degree Achieved: \_\_\_\_\_

Learning or behavioral problems: \_\_\_\_\_

Medical Problems: \_\_\_\_\_

Specify mental health concerns (past and present): \_\_\_\_\_

Specify past counseling experiences: \_\_\_\_\_

Medical/Psychiatric medications: \_\_\_\_\_

Medical/Psychiatric hospitalizations: \_\_\_\_\_

Specify past or present legal difficulties: \_\_\_\_\_

Specify past or present difficulties with alcohol or substance use: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Extended Family History

Please indicate with a checkmark whether there is any family history of any of the following difficulties. Include parents, sibling, grandparents, aunts, uncles, cousins. If present, please specify relationship.

<u>Difficulty</u>	<u>Relationship</u>
_____ Mental Retardation	_____
_____ Attention Deficit Disorder or Attention Problems	_____
_____ Tourette's syndrome or Tic Disorder	_____
_____ Learning Problems/Failure	_____
_____ Communication Disorder	_____
_____ Autism	_____
_____ Anxiety Problems	_____
_____ Obsessive Compulsive/Repetitive Behaviors	_____
_____ Depression	_____
_____ Suicide Attempt	_____
_____ Sexual or Physical Abuse	_____
_____ Drug Abuse	_____
_____ Alcoholism	_____
_____ Legal Difficulties	_____
_____ Schizophrenia	_____
_____ Psychiatric Hospitalizations	_____
_____ Use of Psychiatric Medication	_____
_____ Thyroid Problems	_____
_____ Genetic/Metabolic Disorders	_____
_____ Other Mental Health Concern	_____

Additional Comments:

Please use the space below to describe any other information you feel would be helpful to us in understanding your child and your concerns.

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